1 Atascadero Lake Park Trail
Located at Atascadero Lake Park, this trail is an easy 1.2 miles walk around one of the Atascadero’s best landmarks, accentuated by beautiful trees and plants. The trail is predominantly unpaved, perfect for joggers, walkers and outdoor enthusiasts! The park also offers playground, restrooms, barbecue areas, horseshoe pits, sand volleyball court and the Charles Paddock Zoo.

2 Stadium Park Trails
Stadium Park Trails include ALPS trail, Blue Oak Trail, and Pine Mountain Loop Trail. These trails can be accessed from Capistrano, near HWY 41. The trail winds on dirt paths through a beautiful blue oak forest and other native vegetation. There are multiple trails that take you to the top of the mountain. At the top of the mountain, you will enjoy panoramic view of Salinas River Valley, from Santa Margarita to Paso Robles. Stadium Park is home to Bill Shepard Native Plant Garden. Most trails are under 2 miles, Blue Oak being easy to Pine Mountain has moderate difficulty.

3 Jim Green Trail
Jim Green Trail is located near Curbaril and Cortez Avenue with an equestrian parking available. Across the railroad, you can find the entrance to the Juan Bautista de Anza Trail (South). This trail winds up to the top of the hill overlooking the Heilmann Park and the golf course. This hike offers short easy walk or jogging in a wonderful natural area that showcasing different wildlife and beautiful trees consisting of pines, oaks, willow and sycamore. This hike is 1.53 miles long and is has moderate difficulty.

4 Juan Bautista de Anza Trails
Juan Bautista de Anza Trail (North) has multiple entrances along Traffic Way and Ferro Carril Road. The de Anza Trail (South) has entrance along Curbrail/Cortez Ave with equestrian parking available. This historic trail passes through Atascadero along Salinas River offering abundant wildlife, oak trees, and native vegetation. This hike one of a kind! The North trail is about 6 miles long, and South trail is about 1.7 miles long.

5 Las Lomas Trails
Las Lomas Trails are located near Paloma Creek Park. North Trail can be accessed through Halcon Road, and the South Trail can be accessed through Alondra Road, near Santa Barbara Road. Both trails are covered with beautiful native grasses and forested with oak and pine trees. Some section of the trail overlook Paloma Creek Park and State Hospital owned open space. A vista point on the South Trail provides a stunning 360 degree view of the Salinas River Valley.
6 Three Bridges Oak Preserve
The trail starts on Carmelita Ave with limited parking on site. The Three Bridges Oak Preserve takes through mixed riparian habitat, grassland meadow, and through oak woodlands. Sections of the trail provide a scenic overlook, offering expansive views of City of Atascadero and the rural hillside that encompasses our City Center. Opening Summer 2017

7 Cerro Alto Campgrounds
Two trails are located in the Cerro Alto Campgrounds—Cerro Alto Trail and Boy Scout Trail. Both loop starts at the campground and climbs through a shaded forest for the first mile, then opens up to the chaparral-covered canyons with lush vegetation before reaching the summit of Cerro Alto. From the summit, you will get endless views of Cayucos Bluffs to the northwest and Nipomo Dunes to the south. Along the hike, you’ll notice newts and banana slugs along the streams, with many wildflowers during winter and spring time. The entrance to Cerro Alto Campground and Trails is located 8.6 miles west of Atascadero on Highway 41. Day use pass may be required.

If you are interested in preserving & maintaining significant open spaces in Atascadero, consider supporting Atascadero Land Preservation Society (ALPS) today! http://www.supportalps.org/

For additional trail information, visit: http://slohike.com/atascadero