**RECREATION ACTIVITIES**

We are excited to open our doors on June 28th for Summer classes, camps, activities, sports & more! Come visit us at the Colony Park Community Center, 5599 Traffic Way, register online at www.atascadero.org or call 805-470-3360.

All State and County COVID-19 safety guidelines will be in place and followed.

### Saturday Programs

**Doomsday Family Skate School (Ages 8-99)**

Basic Roller Skate Skills & Safety! Participants will practice and play while learning the basics of roller skating and safety. Coach Dottie aims to help you build confidence while rolling at any age. Emphasizing proper technique of falls, stops, turning, backwards skate, cross over and footwork—you will learn everything you need to know to roll safely and confidently on your own.

Blades or quad skates ok. REQUIRED: helmet, wrist/elbow/knee pads and own skates.

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<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
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<tbody>
<tr>
<td>7/6-7/27</td>
<td>Tuesdays</td>
<td>5:30-7:00 pm</td>
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### Sunday Programs

**Youth Evolution Soccer (Ages 3.5-11)**

Three levels of play! Learn fundamental movement skills and build overall motor skills. The program focuses on technique using activities that subsequently help build onto each other, helping children to gradually increase their ability to learn basic soccer skills. Each level increases the level of instruction and skills. Jersey included!

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<th>Date</th>
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<tr>
<td>7/8-8/5</td>
<td>Thursdays</td>
<td>3:45-4:30 pm</td>
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### Monday-Friday Programs

**SUMMER CLUB @the teen center**

Monday-Friday 12-6 pm

Open to incoming 6th through 9th graders. Register by the week. Space is limited and pre-registration is required. Each day has a fun theme with a ton of activities, and each week will be different!

### Movie Marathon Mondays

- Popcorn & treats
- Different movie marathon each week
- Movie trivia with prizes

### Tournament Tuesdays

- Board games, card games & more!
- Video gaming tournaments
- Ping pong, air hockey, billiards, hoop shoots & more!

### We’re Hungry Wednesdays

- Cooking @ the Teen Center
- Lunch included!

### Cray, Cray Creative Thursdays

- Paint with Bob Ross, tie-dye, & crafty projects
- Science experiments & blowing things up in a controlled environment

### Fitness Fridays

- Learn a new sport or play your favorite sport with staff
- Yoga flow, local walks or hikes and maybe scoot & skate around!

**Register at ATASCADERO.ORG**

**OR CALL 805-470-3360**
**YOUTH CAMPS**

**Minecraft Engineering Using LEGO Camp (Ages 5-11)**
Bring Minecraft to life using tens of thousands of LEGO parts! Build engineer-designed projects such as a Creeper, a Lava Trap, and a Minecart. Create your favorite Minecraft mobs, tools, and objects with the guidance of an experienced Play-Well instructor.

Mon-Fri: 7/5-7/9 9:00am-12:00pm

**Science Art Camp (Ages 4-7)**
Do you like art? Did you know that there is a science to how art works? In this camp we will create fizzy art, write secret messages, test the acidity of fruit using paper and use chlorophyll to paint. Come get creative with us!

Mon-Thurs: 8/2-8/5 1:00-4:00pm

**“Let’s Experiment” Camp (Ages 4-7)**
Let’s Experiment together!
Come join the instructor as you make elephant toothpaste, exploding rainbows, blooming flowers, and much more. They will discuss how to work and dispose of everyday chemicals you already have in your home. Come share your curiosity with us!

Mon-Thurs: 8/2-8/5 9:00 am-12:00 pm

*Virtual*

**Creative Brain Build-A-Bot Camp (Ages 7-12)**
This LIVE Virtual Build-A-Bot Workshop provided by Creative Brain is excellent for the younger robot builder. Learn, build, modify and play! All of the robot kits used for this class are included! If you can cut, fold, glue and like assembling different parts, you are the perfect creator for our fun robotic creatures.
Wed-Fri: 7/14-7/16 1:00-2:15 pm

*Virtual*

**Creative Brain Roblox Studio Camp (Ages 7-12)**
Create anything you can imagine with Roblox’s immersive video game engine! Roblox Studios creative features are accessible to a variety of skill levels, ranging from novice to experienced programmer. Dive into the mechanics of game development, game design and coding. Roblox Studios will allow students to create their own video games!
Mon-Fri: 7/12-7/16 9:00-10:15 am

**Volleyball Camp (Ages 11-14)**
Improve your volleyball skills with Ms. Downs! This camp will focus on skill development for beginning and experienced volleyball players. Passing, serving, hitting, and setting will be the main focus. Camp will also work on offensive and defensive volleyball strategies. Get ready to learn & have fun!!

Tues-Fri: 7/6-7/9 11:00 am-1:30 pm

**REGISTRATION:**
WWW.ATASCADERO.ORG
OR CALL 805.470.3360

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**ADULT ACTIVITIES**

**55+ Yoga Core Mat Classes**
Please wear comfortable, loose clothing and bring your own thick mat, large towel and water to class. Because of allergies and sensitivities, no perfumes or essential oils please.
7/6-8/26 Tuesdays & Thursdays 11:00 am-12:00 pm

**Senior Chair Exercise Class**
Easy movements to keep your body limber. Chair class is ideal for seniors with limited mobility.
Wednesdays 10:00-11:00 am Free

**Pickleball**
All levels welcome! Play inside or outside. $3 drop-in fee or $25 punch pass (10 plays).
Monday-Thursday (Indoors) 8:30-10:30 am
Friday (Indoors) 4:30-6:30 pm
Monday-Friday (Outdoors) 8:00-11:00 am

**Clogging**
Born in the Appalachian Mountains, clogging is a lively upbeat dance form that is performed to all types of music. It's a fun way to stay fit and meet new friends. No partners needed. Beginning clogging runs approximately 20 weeks-new beginner class starting Fall 2021. This class is open to students 18 years and older.

Wednesdays
Easy Intermediate 2:00-3:00 pm
Intermediate 1:00-2:00 pm

**Yoga Wisdom**
Yoga Wisdom offers the healing benefits of yoga in an open and relaxed environment. Karen’s Vinyasa Flow series encourages flexibility, strengthening, breathing and balance. Her gentle approach is accessible for all ages and abilities. She modifies positions for students needing a gentler experience, and offers challenges for students seeking a little more. $7/class Drop In.
Tuesdays & Thursdays @ the Pavilion on the Lake 9:30-10:30 am

**Dog Obedience**
Karen Clänin has been instructing classes at all levels since 1969 and started instructing for the City of Atascadero in 1979. The Beginning Dog Obedience class will cover sit-stand-down, walking on a leash without pulling, come when called, sit & down stay. Karen’s methods are mostly positive reinforcement, making the learning fun for the owner as well as the dog.
7/7-8/11 Wednesdays 6:30-7:30 pm

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