**Trail Guide**

Atascadero and Surrounding Areas

Cerro Alto:
Long & Short
Atascadero Lark Trail
Stadium Park Trails
Juan Bautista de Anza Trail
Jim Green Trail
Las Lomas Trail

**Atascadero** is located in the heart of the Central Coast, offering a blend of natural beauty and rural lifestyle. Its comfortable climate and atmosphere are influenced by the beautiful Pacific Ocean on the West, and also by the Salinas River and open countryside to the East. Local scenery includes oak-studded hills, creeks, and scenic vistas of the Santa Lucia Mountains. Atascadero has a rich history, with many recreational opportunities to fit your individual style. This trail guide booklet will give you the inside scoop into some of the best trails that the City of Atascadero has to offer. Enjoy!

**Trail Overview:**
The Las Lomas trail traverses dedicated open space surrounding the Las Lomas/La Terraza housing development. Two separate trail routes wind through hill-sides covered with native grasses and forested with oak and pine trees. Sections of the trail overlook Paloma Creek Park and State Hospital owned open space. A vista point on the South Trail provides a stunning 360 degree view of the Salinas River Valley.

**Jim Green Trail**

Usage: Equestrians, hikers, joggers, mountain bikes, dogs
Fee: None
Total Distance: 1.53 miles
Hike Difficulty: Moderate, Dirt paths

Directions to Trailhead: Exit Hwy 101 at Curbaril Ave. Head east on Curbaril, to Cor-tez Ave and turn right. There is Equestrian parking available.

Trail Overview: The trail winds up to the top of the hill overlooking the Heilmann Park and golf course. The trail follows the golf course then loops back through the oak forest and to the ‘Y’ junction. A short easy walk or jog in a wonderful natural area. There are many different species that can be seen in the area. The woods consist of pines, oaks, river willow and sycamore.

**Las Lomas Trails**

Usage: Hikers, Joggers, Bikes and Dogs
Fee: None
Total Distance: North: .5 miles South: .8 miles Playground Spur: .06 miles
Hike Difficulty: Moderate.

Directions to Trailhead: Exit HWY 101 at Morro Road (HWY 41). Head East on Morro Road (HWY 41) to Capistrano. Turn left on Capistrano to the stop sign, Turn right, from there, the entrance will be on the right just under the HWY 41 overpass. Very limited parking.

**Trail Overview:**
The Las Lomas trails are a beautiful place for a walk or a ride through a variety of natural and man-made landscapes. The trails wind through oak woodlands and along the banks of the Salinas River, providing a relaxing escape from the hustle and bustle of daily life.

**Trail Volunteer Opportunities**

Adopt-a-Trail: Do you have a trail you use that you would like to help maintain or keep in good condition? Do you have a group that is looking for some good, physical service work in a beautiful outdoor setting? If so, we’d like you to adopt-a-trail. Adopt-a-Trail volunteers, after completing Department training, will take care of a trail, or section of a trail, within a City Park including riparian creek trails and the De Anza Historic Trail. Adopt-a-Trail volunteers conduct trail brushing/mowing, litter/debris removal, routine trail/tread/drainage cleaning, major trail problem reporting. Participants who agree to participate for one year will receive trail head signage acknowledging their commitment.

Trail Crew Lead Volunteers: We’re looking for some good people who would like to be highly skilled trail “hot shot” group members. Trail Crew Leads will be provided with in-depth trail building and maintenance training, and will then assist park staff with major trail projects. Trail Crew Leads will also oversee adopt-a-trail groups and Trail Day events for scheduled trail projects. Per state law, fingerprinting for this position may be required (at no cost to volunteers).

Trail Volunteer Opportunities:
Adopt-a-Trail:
- Provide routine maintenance and cleanup of a trail section.
- Participate in trail building projects.
- Help maintain trail signs and markers.
- Contribute to the overall trail network.

Trail Crew Lead Volunteers:
- Provide leadership and supervision to trail maintenance groups.
- Coordinate trail projects and events.
- Work closely with park staff to ensure trails are well-maintained.

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For more information on how to get involved, please call (805) 470-3148.

City of Atascadero
Community Services is looking for hikers, bikers, and horseback riders who use, or would like to use, park trails to help City staff by patrolling and providing visitor information, providing basic services in emergencies, and correcting or reporting park violations. All candidates must complete a 16 hour training academy and a training hike/ride prior to being activated. Uniforms are provided to all volunteers.

Created by the City of Atascadero
In association with Meghan Wilson
California Polytechnic University, San Luis Obispo
**Cerro Alto– Short Hike**

**Usage:** Hikers, Horses, Mountain Bikes and Dogs  
**Fee:** Cerro Alto Campground Day Use Fee  
**Total Distance:** 5.1 Miles Round Trip  
**Elevation Gain/Loss:** +1600/-1600 Ft  
**Approx Hiking Time:** 4 Hours  
**Hike Difficulty:** Moderate

**Directions to Trailhead:** Cerro Alto Campground is located on the south side of Highway 41, 8 miles east of Morro Bay and 12 miles west of Atascadero. Turn into the campground and drive one mile to the Day Use parking area at the back of the campground. There may be a fee for parking in the area. There are two trailheads leaving the Day Use area.

**Trail Overview:** This loop starts at the campground and climbs through a shaded forest for the first mile, then opens up to the chaparral-covered canyons with occasional lush vegetation before reaching the summit of Cerro Alto at elevation 2620’. From the top of Cerro Alto you will get endless views of Morro Bay, Chorro Valley (where the volcanic chain of Nine Sisters or Morros can be seen from Morro Bay to San Luis Obispo), Los Osos, Montana de Oro and, on a clear day, Mussle Rock in the Guadalupe/ Ni pomo Dunes.

**Juan Bautista de Anza Trails**

**Usage:** Hikers, Equestrians, Joggers, Bikes and Dogs  
** Fee:** None.  
**Total Distance:** All trails combined create a total of almost 6 miles.  
**Hike Difficulty:** Easy to Moderate

**Directions to the Trailhead:** Exit Highway 101 at Del Rio Rd. Head east on Del Rio then left at Potrero Rd to Traffic Way. There are trailheads that are located all along Traffic Way, as well as Ferro Carro Rd, and multiple places along the railroad.

**Trail Overview:** This historic trail passes through Atascadero in close proximity to the Salinas River. The Atascadero Mutual Water Company and the City of Atascadero opened segments of the trail for public use. The trail is lined with beautiful oaks and other native vegetation. Trail markers are extremely easy to find and lead you easily along all the trails.

**NORTH**

**Usage:** Hikers, Equestrians, Joggers, Mountain Bikes  
**Fee:** None.  
**Total Distance:** Approx. 1.7 miles.  
**Hike Difficulty:** Easy.

**Directions to Trailhead:** Exit Highway 101 at Curbaril. Head east on Curbaril to Cortez Ave and go right. On Cortez there is Equestrian Parking, as well as the Jim Green trailhead and just across the railroad is the de Anza Trailhead.

**Trail Overview:** This trail consists of abundant wildlife and native vegetation that makes this hike one of a kind. Enjoy the easy trail in the morning or at night for a unique experience.

**SOUTH**

**Usage:** Hikers, Equestrians, Joggers, Mountain Bikes  
**Fee:** None.  
**Total Distance:** Approx. 1.7 miles.  
**Hike Difficulty:** Easy.

**Directions to Trailhead:** Exit Highway 101 at Curbaril. Head east on Curbaril to Cortez Ave and go right. On Cortez there is Equestrian Parking, as well as the Jim Green trailhead and just across the railroad is the de Anza Trailhead.

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