**Summertime Heat and Fire Season Information**

Please always keep the following safety tips in mind:

Vehicles:

- Never pull over into dry grass.
- Make sure your vehicle is properly maintained.
- When towing, ensure chains are not dragging on the ground.
- Check your tire pressure to avoid driving on an exposed wheel rim.
- Please watch this short video on preventing vehicle sparked wildfires: [http://youtu.be/TRUJt03KvTY](http://youtu.be/TRUJt03KvTY)

Equipment Safety:

- Mow before 10 a.m. on a day that is not hot and windy.
- Never use lawn mowers in dry vegetation.
- Spark arresters are required in wildland areas for all portable gasoline powered equipment.
- Please see this Safety Handout: [Equipment Use Safety](#)

Hydration Safety:

The long, hot days of summer can bring dangerously high temperatures. **HOT CARS CAN BE DEADLY.** Never leave children or pets in your vehicle. The inside temperature of the car can quickly reach 120 degrees. Additional heat safety steps include:

- Stay hydrated by drinking plenty of fluids. Avoid drinks with caffeine or alcohol.
- Avoid extreme temperature changes.
- Wear loose-fitting, lightweight, light-colored clothing. Avoid dark colors because they absorb the sun’s rays.
- Slow down, stay indoors and avoid strenuous exercise during the hottest part of the day.
- Postpone outdoor games and activities.
- Use a buddy system when working in excessive heat. Take frequent breaks if working outdoors.
- Check on family, friends and neighbors who do not have air conditioning, who spend much of their time alone or who are more likely to be affected by the heat.
- Check on animals frequently to ensure that they are not suffering from the heat. Make sure they have plenty of cool water.
- If someone doesn’t have air conditioning, they should choose places to go to for relief from the heat during the warmest part of the day (schools, libraries, theaters, malls).